

PAN Cheshire Child Death Overview Panel 2024

Bereavement Information for professionals, parents, carers, grandparents, siblings, peers and all those affected by the death of an infant or child



Parents should be offered support and signposted to Local or National Services and Organisations. All these organisations offer bereavement support to families, but we cannot recommend any in particular. Parents may also want to look at the National Bereavement Alliance which sets standards that some of these organisations work towards

Local Support following the sudden & unexpected death of an infant or child (SUDIC)

In Pan Cheshire many of our Infants and children either die at Alderhey NHS Trust or following a SUDIC are taken to Alderhey for Postmortem so families will automatically be supported and guided through the processes by a **KEY** worker from the Snowdrop team based at the Aldercentre, Alderhey. 2Wish are a charitable organisation that also provide support following a SUDIC and a **KEY** worker can support the family, parental/carer consent needs to be obtained and a referral sent for this service (see referral in appendices).

Alder Hey	<p>The Snowdrop Team provide a 24hr, 365 days a year response to families whose child dies at or is taken to Alderhey following their death. Bereavement care workers are available to support the family within an hour of a child's death and in the weeks following. The team liaise with medical and nursing staff, police, coroners, and funeral directors and provide emotional and practical support and debriefs where appropriate and will sign post to other organisations if required.</p> <p>The Alder Centre founded in 1989 was the first purpose built bereavement centre in the UK and provides a range of confidential services including counselling, Holistic therapy, befriending, therapeutic breaks, etc.</p> <p>Child Death Helpline is delivered by trained, volunteer bereaved parents. The national helpline is open every day of the year to provide a listening ear to anyone affected by the death of a child</p>	<p>Snowdrop Team T: 0151 5117</p> <p>Aldercentre T: 0151 252 5391 www.aldercentre@alderhey.nhs.net</p> <p>Helpline 0800 282 986 www.childdeathhelpline.org.uk</p>
2wish- Cheshire	<p>Support to anyone affected by the sudden and unexpected death of a child or young person aged 25 and under. They provide immediate support and ongoing support, including counselling to parents/carers, witnesses, children, and young people.</p>	<p>T: 01443 853125 support@2wish.org.uk</p>

Local bereavement support following the loss of an infant or child

Please note that all Hospital Trust Midwifery Maternity Units now have specialist bereavement midwives who are trained to provide immediate and long-term emotional support, information and practical guidance.

Child Bereavement UK (CBUK Cheshire)	<p>For support when a child grieves, or child dies, up to the age of 25.</p> <ul style="list-style-type: none"> - Face to face support sessions for children, young people and their families. - Family groups - Group sessions for young people which encourage young people aged 11-25- Telephone support sessions. If your baby or child has died, as an individual or as a couple. 	<p>T: 01928 577164 (Widnes) T: 0800 028 8840 (National) northsupport@childbereavementuk.org www.childbereavementuk.org</p>
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	- Support for professionals who are working with bereaved children, young people, and their families.	
Claire House Children's Hospice	Bereavement support for available for families who have used the services and facilities associated with Claire House.	T: 0151 334 4626 www.claire-house.org.uk
Elsie Ever After	Elsie Ever After endeavor to support all bereaved families, regardless of location within Cheshire or circumstance of death. Access and Delivery of the Service – The service is accessed by Facebook, website and email and is delivered by face to face, outreach services, e-mail and post and via the website forum. Session Information People can contact us via email, Facebook or Twitter any time of day they like. http://facebook.com/ElsieEverAfter Twitter: @ElsieEverAfter Areas Covered All Areas of Cheshire West & Chester Referral Details Anyone can refer by sending an email with details of those requiring help. Circumstances of bereavement and location are also useful for allocating appropriate support.	elsieeverafter@hotmail.com T: 07394 070 403 www.elsieeverafter.org.uk/
Francis House Children's Hospice	Bereavement support for available for families who have used the services and facilities associated with Francis House. However, bereavement support staff will provide a telephone service to recommend or signpost parents to appropriate bereavement services/resources.	T: 0161 434 4118 www.francishouse.org.uk
Halton Haven Hospice Family Support Team (Runcorn)	This is a free bereavement support service for adults over the age of 18, based at the Halton Haven Hospice. Clients do not need to have had prior contact with the hospice to access this service.	T: 01928 712728 E: info@haltonhaven.co.uk www.haltonhaven.org.uk
Hope House Children's Hospice	A Bereavement Support and Counselling Service is available free of charge to members of the communities of Shropshire, Cheshire, North and Mid Wales who have experienced the death of a child under the age of 25 years in any circumstances. This support may be provided by experienced members of the counselling, social work, or sibling support teams. Any parent whose child (under 25yrs) has died under any circumstances. Any child or young person bereaved of a sibling under any circumstances (under 25yrs) Any child or young person bereaved of a parent or significant other through sudden, traumatic circumstances (suicide, murder, manslaughter, RTA, accident, sudden illness etc) Families of babies in SCBU diagnosed with life-threatening illnesses. Families affected by multiple loss.	T: 01691 671999 E: care@hopehouse.org.uk www.hopehouse.org.uk
Just Drop In Youth Info & Advice LTD	Is a free open access service offering support, guidance, advocacy, and counselling to young people in Macclesfield. Trained volunteers create a friendly, encouraging, and safe environment, with trained counsellors offering longer term or specialist support.	14 Duke Street, Macclesfield SK11 6UR T: 01625 665079 Text: 07718 425405

	Drop In Service, free, walk-in support service for 12-25 year olds, no referral or appointment necessary. Open 6 days a week (except Sundays).	E: hello@justdropin.co.uk www.justdropin.co.uk
Macclesfield Bereavement Support Service	An independent voluntary organisation, linked to Macclesfield District General Hospital . We specialise in supporting bereaved adults (18 and over). Our trained and experienced counsellors and support workers can help for as long as required. If you live in East Cheshire (Macclesfield, Holmes Chapel, Knutsford, Tabley, Congleton, Wilmslow, Disley, Handforth or Poynton)	The answerphone is checked during office hours Mon – Fri. calls returned within 48 hours. T: 01625 439333
Mid Cheshire NHS Trust – (Leighton, Victoria Infirmary & Elmhurst)	The role of Bereavement Services is to ensure that staff, patients, and their families receive a high standard of care and support prior to and following the death of a loved one. The Bereavement Services is currently available Monday to Friday, 8.30am – 4.30pm (excluding Bank Holidays).	The Bereavement Manager, Vicky Towers, can be contacted on: T: 01270 273882 E: vicky.towers@mcht.nhs.uk
Mother Well	Who – All mothers for any circumstances they may be facing at any time in their lives. Where – Anyone from Cheshire. Offices based in Winsford and Crewe. What – They look after the well-being of mothers and offer a range of services such as counselling and holistic therapies.	Professional or Self-Referral. referrals@motherwellcheshirecio.com T: Referrals helpline – 01606 557666 E: motherwellcic@gmail.com
The Dove Service	High quality, confidential specialist counselling, training, and support to those affected by bereavement, significant loss, or life-changing illness.	The Dudson Centre, Hope Street, Hanley, Stoke-on-Trent, Staffordshire, ST1 5DD T: 01782 683155. www.thedoveservice.org.uk
St Luke's (Cheshire) Hospice	Young Persons Bereavement Support Group – Phoenix Project (for ages 7-17 years) An adult hospice that provides support for children who are dealing with progressive illness or the bereavement of an adult due to the same.	Grosvenor House, Queensway, Winsford. CW7 1BH T: 01606 551246 www.slhospice.co.uk
The Bereavement Help Point	The Bereavement Help Point is a friendly space open to anyone who is bereaved or is supporting someone who is bereaved. Drop in and collect information on bereavement and support. Chat with a trained volunteers or with other bereaved people. Support each other and for those grieving the loss of a loved one to be reassured they are not alone.	T: 01244 409 113 https://www.storyhouse.com
Warrington Bereavement support	Bereavement Support	T: 01925 631516 E: www.wbsupport.org.uk
The Joshua Tree	Supporting families affected by childhood cancer or have lost a child to cancer or leukaemia.	T: 01606 331 858 E: office@thejoshuatree.org.uk www.thejoshuatree.org.uk

Visyon	Works in a wide variety of locations in both Cheshire East, Cheshire West, and Chester. Promoting emotional well-being in young people and bereavement support through a broad range of accessible services specifically tailored to their needs. One to One Counselling ages 11-25 years. Play Therapy 4-11 years. Creative Space 11-16 years and 16+	Fellowship House, Park Road Congleton, Cheshire CW12 1DP Text: 07508 074748 T:01260 290000 www.visyon.org.uk
Winston's Wish National & Northwest	Support bereaved children, teenagers, and young adults (up to the age of 25), families, carers, professionals, and anyone concerned about a bereaved child before or after bereavement. Drop In Wednesdays 3.30pm – 5.30pm	Sunshine Hub Centre, Off Vauxhall Road Scholes, Wigan WN1 3SD T: 01942 820026 (Mon-Sun except Sat 8-3pm) E: winstonswish.org.uk/dropin T: 08088 020 021 National helpline (Available 8am-8pm weekdays) www.winstonswish.org
4Louis	4Louis provide many resources: memory boxes, cuddle cots and many other products, they can also provide help with the provision of bereavement rooms. They also have 'Tiny footprints brotherhood' an online support group for fathers and grandfathers and either phone or on line chat by volunteers.	4louis.co.uk T: 0191 5144473 (Mon-Fri 8-4pm)

National Bereavement Support

A Child of Mine	Help for Bereaved parents.	T: 01785 283434 E: hello@achildofmine.org.uk www.achildofmine.org.uk
AtaLoss		T: 0800 448 0800 www.ataloss.org
Bereaved Parents Support Organisations Network (BPSON)	Umbrella body for organisations supporting bereaved parents.	www.bpson.org.uk
Barnardo's	Supporting children, parents and carers who have suffered loss.	www.barnardos.org.uk
Care for the Family	Peer support for any parent whose son or daughter has died at any age, in any circumstance and at any stage in their journey of grieving.	T: 029 2081 0800 www.careforthefamily.org.uk

Child Bereavement UK	Child Bereavement UK For support when a child grieves, or child dies, up to the age of 25.	T: 0800 028 8840 (National) www.childbereavementuk.org
Child Death Helpline	A freephone service for all those affected by the death of a child. Our confidential helpline is open every day of the year. Monday to Sunday 19:00 to 22:00 Monday, Thursday, and Friday 10:00 to 13:00 Tuesday and Wednesday 10:00 to 16:00	T: 0800 282 986. www.childdeathhelpline.org.uk
Childline - NSPCC	Comforts, advises, and protects children 24 hours a day and offers free confidential counselling.	Chat 1-2-1 with a counsellor online T: 0800 1111 (24 hours) www.nspcc.org.uk
Childhood Bereavement Network		www.childhoodbereavementnetwork.org.uk
Compassionate Friends	Support for bereaved parents, siblings, and extended family.	Tel: 0345 123 2304 www.tcf.org.uk
Cruse	Bereavement support	T: 0808 8081677 www.cruse.org.uk
Grief Encounter	Providing support to children and young people following the death of a parent, sibling or loved one; offering one-to-one counselling, grief groups, residential camps, and grief relief kits.	T: 0808 802 011 Grief talk helpline weekdays 9am-9pm www.griefencounter.org.uk
Hope Again/Cruse	A dedicated website designed to support young people after the death of someone close.	www.hopeagain.org.uk
Lullaby Trust	Bereavement support	T: 0808 802 6868 www.lullabytrust.org.uk/bereavement-support
National Autistic Society	Provide information on bereavement.	www.autism.org.uk/advice-and-guidance/topics/mental-health/bereavement
Net Mums – Loss and Bereavement	A unique local network for Mums (or Dads), offering a wealth of information on both a national and local level.	www.netmums.com/coffeehouse/health-wellbeing-1087/loss-bereavement-51/
RD4U	RD4U are part of Cruse bereavement and specialise in supporting young people aged 12 to 18.	T: 0808 808 1677 www.cool2talk.org/health-info-zone/service/rd4u
Royal College of Psychiatrists - bereavement	Information is for anyone who has been bereaved, their family and friends, and anyone else who wants to learn more. Information provided about: How people normally grieve after a loss, unresolved grief, places to get help, other sources of information, how friends and relatives can help.	www.rcpsych.ac.uk/mental-health/problems-disorders/bereavement

SUDC – Sudden Unexplained Death in Childhood	Co-founded by three bereaved mothers, SUDC UK aims to help make SUDC predictable and preventable by raising awareness and funding crucial research. Families must be supported following such devastating loss. Following registration with SUDC UK, families are immediately connected with expert professional and peer support. SUDC UK collaborates with our global partner, the <u>SUDC Foundation</u> to deliver this service.	www.sudc.org.uk
Twins Trust	Support bereaved families with twins, triplets or more.	0800 138 0509 www.twustrust.org/bereavement
The Childhood Bereavement Network	An organisation which holds information about the many smaller, specialised, and local organisations available for bereaved families. One may be able to find an organisation that focusses on a situation more specifically through this organisation.	T: 020 7843 6309 www.childhoodbereavementnetwork.org.uk
The Good Grief Trust	Help and Hope in one place	www.thegoodgrieftrust.org.uk
Together not alone	Our animation, with accompanying adult toolkit, will help guide and support adults and young children, in a gentle way, through conversations about grief and loss.	https://www.theworrywizard.com/togethernotalone
Together for Short Lives	Together for Short Lives is the UK registered charity for children's palliative care. Together for Short Lives' vision is for children and young people in the UK with life-limiting and life-threatening conditions and their families to have as fulfilling lives as possible, and the best care at the end of life.	T:0808 8088 100 www.togetherforshortlives.org.uk
Winston's Wish – National	Support bereaved children, teenagers, and young adults (up to the age of 25), families, carers, professionals, and anyone concerned about a bereaved child before or after bereavement.	T: 08088 020 021 National helpline (Available 8am-8pm weekdays) www.winstonswish.org
Young Minds Parents helpline		T: 0808 802 5544 www.youngminds.org.uk/parent/parents-helpline

Local Bereavement support if your baby has died during pregnancy, at birth or shortly afterwards

Cheshire & Merseyside Maternal Mental Health Service - Silver Birch Hubs	Psychological therapy and support for: Birth trauma, extreme fear of childbirth, miscarriage and stillbirth, loss in neonatal setting or neonatal period, loss of a baby to social care in the maternity setting following birth.	Contact: Tel Weekdays 9am-5pm Tel: 0151 431 5163 (professionals only) Email: mcn-tr.mmhs@nhs.net (professional enquiries)
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	Referral form for healthcare professionals is accessed via www.mersecare.nhs.uk/mmmh	
Child Death Helpline (Alder Centre)	Bereavement support for anyone affected by the death of a child (regardless of age)	T: 0800 282 986 www.childdeathhelpline.org.uk
2wish- Cheshire	Support to anyone affected by the sudden and unexpected death of a child or young person aged 25 and under. They provide immediate support and ongoing support, including counselling to parents/carers, witnesses, children and young people.	T: 01443 853125 support@2wish.org.uk
SANDS	Supports those affected by the death of a baby before, during and shortly after birth, providing a bereavement support helpline, a network of local support groups, an online forum and message board.	T: 0808 164 3332 www.sands.org.uk

National Bereavement support if your baby has died during pregnancy, at birth or shortly afterwards

ARC(antenatal results & choices)	For all those affected by antenatal tests and their consequences. We are here for anxious expectant and bereaved parents and the healthcare professionals who care for them.	T: 0845 077 2290 www.arc-uk.org
Bliss	Support, including after bereavement, for the family of a premature baby.	T: 020 7378 1122 www.bliss.org.uk hello@bliss.org.uk
Specifically focused on Islamic families Children of Jannah	A charity aimed at supporting bereaved parents, holding at their core the Muslim belief that all children who pass away enter heaven (Jannah in Arabic). This belief helps the charity to provide support to bereaved parents including a perspective on faith and education. They have a specialist helpline, a live chat and email service, group meetings, hope and resource packs and a parents' forum. They have resources aimed at TOPFA, miscarriage, ectopic pregnancy, stillbirth, and neonatal death.	www.childrenofjannah.com
Lullaby Trust	Bereavement support	T: 0808 802 6868 www.lullabytrust.org.uk/bereavement-support
Miscarriage Association	If you have been affected by miscarriage, molar pregnancy, or ectopic pregnancy, this website provides information and support. Friends, family, colleagues, and health professionals may find it useful too.	www.miscarriageassociation.org.uk

Net Mums – Loss and Bereavement	A unique local network for Mums (or Dads), offering a wealth of information on both a national and local level.	www. www.netmums.com/coffeehouse/health-wellbeing-1087/loss-bereavement-51/
Saying Goodbye	Saying Goodbye provides comprehensive information, advice, support and much more to anyone who has suffered the loss of a baby, at any stage or pregnancy, at birth or in infancy	T: 0300 323 1350 www.sayinggoodbye.org.uk
Tommy's	The largest UK charity researching the causes and prevention of pregnancy complications, miscarriage, stillbirth, premature birth and neonatal death.	www.tommys.org

National support for fathers if their baby has died during pregnancy, at birth or shortly afterwards

Dad Matters	A group which encourages conversations around the difficulties of parenthood and pregnancy loss, that fathers may find useful. National and in Cheshire and Merseyside.	www.dadmatters.org.uk
Miscarriage Association	Pregnancy loss can be tough for anyone. It can be hard to get information, or to find people who understand and who can offer support and a listening ear.	www.miscarriageassociation.org.uk/your-feelings/partners/
Tommy's	Provide support for fathers.	www.tommys.org/baby-loss-support/dads-and-partners
Sands	The leading stillbirth and neonatal death charity in the UK. They provide support for men too.	www.sands.org.uk/support-you/how-we-offer-support/men

Additional resources for parents

Care of the Next Infant- CONI	The Lullaby Trust The Care of the Next infant (CONI) programme supports families before and after the birth of their new baby.	www.lullabytrust.org.uk/bereavement-support/how-we-can-support-you/our-care-of-next-infant-schem
Safer Sleep for Babies	The Lullaby Trust A Guide for Parents	www.lullabytrust.org.uk/wp-content/uploads/Safer-sleep-for-babies-a-guide-for-parents-web.pdf
When a Baby Dies – a guide for parents and carers	The Lullaby Trust Outlines the processes following the death of a baby	www.lullabytrust.org.uk/wp-content/uploads/parent-leaflet-child-death-review.pdf
Young Minds Parents helpline		T: 0808 802 5544 www.youngminds.org.uk/parent/parents-helpline

Local Bereavement Support – Suicide

Amparo	Amparo works to ensure that people bereaved or affected by suicide are connected into existing local support services quickly.	T: 0330 088 9255 www.amparo.org.uk
Cheshire and Wirral Partnership (CWP)	Cheshire East, Cheshire West, and Wirral If your mental or emotional state quickly gets worse or deteriorates, this can be called a 'mental health crisis'. In this situation, it is important to get help quickly.	T: 0800 145 6485 Text BLUE to 85258 www.cwp.nhs.uk/crisis
Child Bereavement UK (Cheshire)	For support when a child grieves, or child dies, up to the age of 25. T: 01928 577164 (Widnes) T: 0800 028 8840 (National)	northsupport@childbereavementuk.org www.childbereavementuk.org
Merseycare NHS Foundation Trust	(Warrington, Halton, St Helens and Knowsley) For Adults and young people aged 16+	Text REACH to 85258 T: 0800 145 6570
No more suicide – Preventing suicide in Cheshire and Merseyside		T: 0300 131 7000 or text FRONTLINE to 85258. www.no-more.co.uk
Samaritans	A confidential, non-judgemental, telephone helpline for anyone who is going through an emotional crisis. Branches across Pan Cheshire. Contact details.	T: 116 123 (free to call) T: 0330 094 5751 (local charges apply) www.samaritans.org.uk
Shout 24/7 text	Free, 24/7 mental health text support in the UK	TEXT: SHOUT to 85258 www.giveusashout.org
Winston's Wish – National, North West	Support bereaved children, teenagers, and young adults (up to the age of 25), families, carers, professionals and anyone concerned about a bereaved child before or after bereavement. Drop In Wednesdays 3.30pm – 5.30pm	Sunshine Hub Centre, Off Vauxhall Road Scholes, Wigan WN1 3SD T: 01942 820026 (Mon-Sun except Sat 8-3pm) E: winstonswish.org.uk/dropin T: 08088 020 021 National helpline (Available 8am-8pm weekdays) www.winstonswish.org

National Bereavement Support – Suicide

Help is at Hand	A resource for people bereaved by suicide and other sudden, traumatic death. NHS Choices	www.supportaftersuicide.org.uk/resource/help-is-at-hand/
CALM	Campaign Against Living Miserably Helpline and live chat 5pm-midnight 365 days of the year	T: 0800 58 58 58 www.thecalmzone.net/get-support
Child Bereavement UK (Cheshire)	For support when a child grieves, or child dies, up to the age of 25.	T: 01928 577164 (Widnes) T: 0800 028 8840 (National) northsupport@childbereavementuk.org www.childbereavementuk.org
Child Death Helpline	For anyone affected by the death of a child of any age from any cause	T: 0800 282 986 www.childdeathhelpline.org.uk
Hub of Hope	Hub of Hope - a national mental health database, bringing help and support together in one place.	www.hubofhope.co.uk
If U Care Share Foundation (IUCSF)	It has 3 main aims: prevention, intervention, and support of those bereaved by suicide. Crisis Messenger – If you are worried about something, talk to our trained volunteers with our free, confidential, and 24//7 text service.	Text IUCS to 85258 T: 0191 387 5661 www.ifucareshare.co.uk
Mind	Mental health support and bereavement support following suicide.	T: 0300 123 3393 www.mind.org.uk
Naspa Suicide Prevention Alliance	Suicide prevention is everyone’s business. The National Suicide Prevention Alliance (NSPA) is an alliance of public, private and voluntary organisations in England who care about suicide prevention and are willing to take individual and collective action to reduce suicide and self-harm, and support those bereaved or affected by suicide.	www.nspa.org.uk
Papyrus Hopeline	Papyrus - Prevention of Young suicide under 35 in the UK UK resources and support for those dealing with suicide, depression, or emotional distress. Advice and support for young people dealing with suicide, depression, and emotional distress and those who are worried about them.	T:0800 068 4141 www.papyrus-uk.org/papyrus-hopeline247
StayAlive Smart Phone App	For those at risk of suicide and people worried about someone. A useful resource that offers a safety plan and wellness tools. Access to national crisis support lines and how to help a person thinking about suicide.	https://www.stayalive.app/
Stamp Out Suicide	A free ongoing phone counselling service for anyone in England, Scotland and Wales living with suicidal thoughts.	T: 07766 808 222 www.stampoutsuicide.org.uk

Support After Murder or Suicide - SAMM	Emotional support to those bereaved through murder and manslaughter	TEXT: 07342 888570 T: 0121 472 2912 www.samm.org.uk
Support after Suicide Partnership	Provides helpful resources for those bereaved by suicide and signposting to local support groups and organisations.	www.supportaftersuicide.org.uk
Survivors of Bereavement by Suicide (SOBS)	Support for people over 18 who have been bereaved by suicide.	0300 111 5065 www.uksobs.org
Suicide & Co		T: 0800 054 8400 www.suicideandco.org/counselling-service

Useful websites – for suicide & self-harm and men

Campaign Against Living Miserably (CALM)	-for men	T: 800 58 58 58 – 5pm to midnight every day www.thecalmzone.net
Childline	– for children and young people under 19years of age	T: 0800 1111 – the number won't show up on your phone bill www.childline.org.uk
Health Talk	Others who have been bereaved by suicide share their experiences	http://www.healthtalk.org
NHS Choices		www.nhs.uk/conditions/suicide/
SANE	Supportive site for men who suffer from depression and/or suicidal thoughts.	T: 0300 304 7000 www.sane.org.uk

Bereavement Support Various Faiths

Asian Counselling Service	Suite 51, The Lodge, Windmill Place, 2-4 Windmill Lane, Southall, Middlesex. UB2 4NJ Confidential counselling service for families, couples, and individuals of the Asian community. This service is provided in the Asian languages and offers many services including relationship counselling and family therapy, telephone	www.asianfamilycounselling.org
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	counselling, self-help groups, in addition to counselling, the service includes a mental health support group for women.	
Children of Jannah	A charity aimed at supporting bereaved parents, holding at their core the Muslim belief that all children who pass away enter heaven (Jannah in Arabic). This belief helps the charity to provide support to bereaved parents including a perspective on faith and education. They have a specialist helpline, a live chat and email service, group meetings, hope and resource packs and a parents' forum.	www.childrenofjannah.com
The Jewish Bereavement Counselling Service	Is dedicated to bereavement counselling for everyone in the Jewish Community.	T: 020 8951 3881 www.jbcs.org.uk
Mersey & Cheshire Cancer Network Guidance on Religions	-	www.cmcanceralliance.nhs.uk/work/patient-experience-and-health-inequalities
Muslim Community Helpline	The Muslim Community Helpline is a confidential, non-judgemental listening and emotional support service.	T: 020 8904 8193 or 020 8908 6715 www.muslimcommunityhelpline.org.uk

Bereavement Resources following a Road Traffic Accident

Aftermath	A charity supporting victims and families of Road Traffic Collisions & strive to improve road safety.	T: 0845 634 4273 T: 0151 777 2562 www.aftermathsupport.org.uk
Brake	Support following bereavement or injury sustained from a Road Traffic Collision	T: 0808 8000401 www.brake.org.uk
Road Peace	A national charity for road crash victims	T: 0800 1601069 www.roadpeace.org
S.C.A.R.D. (support and care after road death and injury)	Support for people who have been bereaved, injured, or affected by road death or injury.	T: 0345 123 5542 www.scard.org.uk

Bereavement resources for families affected by drugs and alcohol

BEAD (Bereaved through alcohol and drugs)	This site has been set up by Cruse Bereavement Care, the UK's leading bereavement charity, and Adfam , the national voice for families affected by drugs and alcohol.	www.beadproject.org.uk
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Support following homicide/murder

Support After Murder or Suicide - SAMM	Emotional support to those bereaved through murder and manslaughter.	TEXT: 07342 888570 T: 0121 472 2912 www.samm.org.uk
Hundred Families	Offers support, information and practical advice for families bereaved by people with mental health problems (mental health homicides and violence).	www.hundredfamilies.org

Other Bereavement Resources & Services

Action against Medical Accidents ('AvMA')	An independent national charity that specialises in advising people who have been affected by lapses in patient safety ('medical accidents'). It offers free advice on NHS investigations; complaints; inquests; health professional regulation and legal action regarding clinical negligence. Most advice is provided via its helpline or in writing, but individual 'advocacy' may also be arranged. It can also refer to other specialist sources of advice, support and advocacy or specialist solicitors where appropriate.	T: 0345 123 23 52 www.avma.org.uk
Advocacy after Fatal Domestic Abuse - AAFDA	Specialises in guiding families through Inquiries including domestic homicide reviews and mental health reviews, and assists with and represent on inquests, Independent Police Complaints Commission (IPCC) inquiries and other reviews.	T: 07887 488 464 www.aafda.org.uk
Bereavement Advice Centre	For Practical information and advice	www.bereavementadvice.org
Bereavement Benefits - What are they?		www.gov.uk/browse/benefits/bereavement

Cardiac Risk in the Young (CRY)	Counselling for those affected by young sudden cardiac death.	Tel: 01737 363222 www.c-r-y.org.uk
Care for the Family		T: 029 2081 0800 www.careforthefamily.org.uk
Child Funeral Charity	Assists families financially in England and Wales for funeral expenses for under 16s (excluding headstones or funeral plots)	T: 01480 276088 www.childfuneralcharity.org.uk
GOV.UK	This site provides advice on how to register a death, order a death certificate, details of local register offices and support for funeral costs.	www.gov.uk
HM Coroner	– Guide to Coroner’s services	www.gov.uk/government/publications/guide-to-coroner-services-and-coroner-investigations-a-short-guide
INQUEST	Provides free and independent advice to bereaved families on investigations, inquests and other legal processes following a death in custody and detention. This includes deaths in mental health settings. Further information is available on its website including a link to ‘The INQUEST Handbook: A Guide for Bereaved Families, Friends and Advisors’.	T: 020 726 3111 option 1 www.inquest.org.uk
Marie Curie		T: 0800 090 2309 www.mariecurie.org.uk
National Survivor User Network - NSUN	A network of people and groups with lived experience of mental ill-health, distress and trauma.	www.nsun.org.uk
Organ & Tissue Donation	- Your questions answered –	www.organdonation.nhs.uk
The Coroners’ Courts Support Service	A registered charity whose volunteers give emotional and practical support to families and other witnesses attending inquests	Helpline: 0300 111 2141 www.coronerscourtsupportservice.org.uk
The Mix	Information, support and listening for people under 25.	www.themix.org.uk
Zero Suicide Alliance - ZSA	Is hosted by Mersey Care NHS Foundation Trust The Zero Suicide Alliance (ZSA) aims to empower, educate, and equip individuals and organisations to support suicide awareness and prevention.	www.zerosuicidealliance.com

Information about funeral directors

The institute of Civil Funerals	Trains, regulates, and provides details of civil funeral celebrants.		T:01480 861 411 www.iocf.org.uk
The National Association of Funeral Directors (NAFD)	The largest professional association of funeral directors with a Code of Practice and Arbitration Scheme.		T: 0121 711 1343 www.nafd.org.uk
The British Humanist Society	Provide information and officiants for non-religious funerals.		T: 020 7324 3060 www.humanists.uk
The Natural Death Centre	Provides information on 'green' funerals.		T: 01962 712690 www.naturaldeath.org.uk
Funeral Map	Provides independent information on arranging a funeral.		www.funeralmap.co.uk

Support can also be provided by the:

GP
Midwife
Health Visitor
School Nurse